Week One			
Day	Main	Pudding	Теа
Monday	Beef stew and dumplings with crusty bread	Banana Cake	Cheese Ploughman's Platter Fresh Fruit.
Tuesday	Mushroom and Courgette Pasta Bake	Fromage Frais	Tuna Mayonnaise Sandwich Fresh Fruit
Wednesday	Beef Chilli and rice with Garlic Bread	Homemade Cheesecake	Ham Wraps with cucumber sticks Fresh Fruit
Thursday	Vegetable sweet potato Korma with chapattis	Fruit Crumble with Custard	Vegetable Soup with bread and butter Fresh Fruit
Friday	Roast Chicken, Stuffing, vegetables, mash and gravy	Blueberry Muffin	Beans on Toast Fresh Fruit.

Week Two			
Day	Main	Pudding	Tea
Monday	Butternut squash and Macaroni Cheese	Fromage Frais	Croissants with Ham and vegetable sticks Fresh Fruit.
Tuesday	Beef Hotpot with crusty bread	Banana's and ice cream	Chicken Wrap with vegetable sticks. Fresh Fruit.
Wednesday	Fish Pie with Broccoli	Lemon Drizzle Cake	Savoury muffins with vegetable sticks. Fresh Fruit.
Thursday	Vegetable pasta Bolognese with garlic bread and side salad	Flapjack	Oatcakes with cheese and tomato wedges. Fresh Fruit.
Friday	Sausage, Mash, vegetables, Yorkshire pudding and gravy.	Raspberry Muffin	Vegetable Soup with Bread and Butter. Fresh Fruit.

Week Three			
Day	Main	Pudding	Tea
Monday	Meatballs in homemade tomato sauce with pasta and garlic bread.	Ginger Cake	Tuna Mayonnaise sandwich with tomatoes and cucumber sticks. Fresh Fruit.
Tuesday	Jacket Potato, Cheese and Beans. Cheesy mash for under 2's.	Yoghurt	Chicken Wrap and Vegetable sticks. Fresh Fruit.
Wednesday	Chicken Casserole with Dumplings.	Fruit Crumble and Ice Cream or custard.	Vegetable Soup with Bread and Butter. Fresh Fruit.
Thursday	Fish cakes, new potatoes, vegetables and parsley sauce.	Blueberry Muffin.	Cheese ploughman's platter. Fresh Fruit.
Friday	Curried Chicken with Peas and Rice Chapattis	Homemade cheesecake.	Oat cakes with cheese, cucumber sticks. Fresh Fruit.

Week Four			
Day	Main	Pudding	Теа
Monday	Vegetable Chilli and Rice.	Yoghurt	Cheese ploughman's platter. Fresh Fruit.
Tuesday	Shepherd's Pie, peas and Gravy.	Banana Cake.	Ham Croissants with Tomatoes. Fresh Fruit.
Wednesday	Cheese and Ham bake with vegetables.	Strawberries and Ice-cream.	Beans on Toast. Fresh Fruit.
Thursday	Chicken and vegetable Curry with Rice and Naan	Chocolate cake.	Chicken wrap with cucumber and pepper sticks. Fresh Fruit.
Friday	Lasagne with garlic bread and side salad.	Fromage frais.	Savoury muffins and vegetable sticks. Fresh Fruit.