Footprints Menu

Week 1				
Day	Breakfast	Main	Pudding	Теа
Monday	A Selection of Toast, Crumpets or Weetabix	Vegetable Curry served with Rice and Naan Bread	Raspberry Flapjack	Homemade Pizza served with a selection of Vegetable sticks
Tuesday	A Selection of Toast, Crumpets or Weetabix	Minced Beef and Tatties served with seasonal Vegetables	Fruit Pizza	Vegetable Soup with warm Crusty Bread
Wednesday	A Selection of Toast, Crumpets or Weetabix	Paprika Chicken with Rice served with seasonal Vegetables	Fruit Yoghurt	Cheese Scones served with Vegetable sticks
Thursday	A Selection of Toast, Crumpets or Weetabix	Meatballs with Spaghetti and Cheese	Fresh Fruit Cocktail	Carrot and Orange Soup served with Naan Bread fingers
Friday	A Selection Of Toast, Crumpets or Weetabix	Chicken and Vegetable Potato topped pie	Banana Muffins	Crackers, Houmous, Cheese and Vegetable sticks

Food & Nutrition

All special dietary requirements are catered for. Details available on request.

Footprints Menu

Week 2				
Day	Breakfast	Main	Pudding	Теа
Monday	A Selection of Toast, Crumpets and Weetabix	Macaroni Cheese	Fresh Fruit Salad	Vegetable Soup with warm crusty bread
Tuesday	A Selection of Toast, Crumpets and Weetabix	Lamb Cobbler	Fruit Yoghurt	Tuna Mayonnaise wraps served with Vegetable sticks
Wednesday	A Selection of Toast, Crumpets and Weetabix	Italian Chicken Pasta Served with seasonal Vegetables	Blueberry Muffins	Pitta Bread, Houmous, Cheese, Tomatoes and Vegetable sticks
Thursday	A Selection of Toast, Crumpets and Weetabix	Chilli Con Carne served with Rice and seasonal Vegetables	Fruit Pizza	Cheese and Vegetable pin wheels served with Vegetable sticks
Friday	A Selection of Toast, Crumpets and Weetabix	Roast Chicken Dinner served with seasonal Vegetables	Fresh Fruit and Ice Cream	Leek and Potato Soup served with warm Bread and Butter

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Food & Nutrition

		<u>Footprin</u>	<u>ts Menu</u>	
Week 3				
Day	Breakfast	Main	Pudding	Теа
Monday	A Selection of Toast, Crumpets and Weetabix	3 Bean Chilli served with Rice	Fresh Fruit Cocktail	Pitta Bread with Houmous, Cheese and Vegetable Sticks
Tuesday	A Selection of Toast, Crumpets and Weetabix	Chicken Casserole served with Puff Pastry shapes	Yoghurt	Warm Cheese oatcakes served with vegetables sticks.
Wednesday	A Selection of Toast, Crumpets and Weetabix	Spaghetti Bolognese served with Garlic Bread	Fruit Flapjack	Ham Croissants served with Vegetable Sticks
Thursday	A Selection of Toast, Crumpets and Weetabix	Moroccan Chicken Casserole with Couscous	Orange Smiles	Cheese Sandwiches and Vegetable sticks
Friday	A Selection of Toast, Crumpets and Weetabix	Fish Pie served with seasonal Vegetable	Fresh Fruit Cocktail	Cheese Puff Pastry Twists with Vegetable sticks

Footprints Menu

Week 4					
Day	Breakfast	Main	Pudding	Теа	
Monday	A Selection of Toast, Crumpets and Weetabix	Lentil Bolognaise served with Garlic Bread and seasonal Vegetables	Fruit Yoghurt	Rainbow Savoury Muffins with vegetable sticks	
Tuesday	A Selection of Toast, Crumpets and Weetabix	Lasagne served with Tomatoes and Cucumber	Melon Boats	Toasted Cheese and Ham Sandwiches with Vegetable sticks	
Wednesday	A Selection of Toast, Crumpets and Weetabix	Shepherd's Pie served with seasonal Vegetables	Chocolate Muffins	Roast Tomato Soup with Crusty Bread	
Thursday	A Selection of Toast, Crumpets and Weetabix	Butter Chicken served with Rice and Vegetables	Oaty Fruit Crumble with Custard or Ice Cream	Cheese Scones served with Vegetable Sticks	
Friday	A Selection of Toast, Crumpets and Weetabix	Fish Pie served with seasonal vegetables	Fresh Fruit Cocktail	Vegetable Soup with toasted triangles	

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