

## Illness Exclusion Periods

Condition / Illness	Incubation	Period when infectious	Period of exclusion
Chicken Pox	11-21 Days	1 to 2 days before to 5 days after spots develop.	Until all vesicles have crusted over.
Conjunctivitis	11-21 Days	Whilst eye is still red and discharging.	Until eyes have recovered and discharge has gone.
Diarrhoea & Vomiting	Varies	Whilst having symptoms of diarrhoea & vomiting.	Until symptom free for 48 hours.
Hand, Foot & Mouth disease	3-7 Days	From 2-3 days before to a few days after the appearance of the rash.	Until clinically well and spots have gone.
Impetigo	4-10 Days	Whilst lesions present on the skin	Until lesions are crusted and healed.
Cold sores (Herpes simplex)	2-12 days	Avoid kissing and contact with the sores. Cold sores are generally mild and self-limiting.	None.
Measles	7-14 Days	From a few days before to 4 days after appearance of rash.	4 days from onset of rash.
Mumps	12-25 Days	From 7 days before appearance of symptoms to subsidence of swelling.	Until swelling has subsided, minimum of 5 days.
Meningitis	2-10 days	Whilst organism is present in the nasopharynx.	Until clinically recovered.
Ringworm Scalp/Body	10-14 days	Whilst rash is still present.	Until 1 week after treatment unless lesions are covered.
Ringworm, Feet (Athletes Foot)	Unknown	Whilst active lesions present.	No exclusion, but treatment recommended.
Rubella (German Measles)	14-21 Days	7 Days before to 7 Days after onset.	4 days from onset of rash.
Scarlet Fever (Streptococcal Infection)	2-5 Days	Day sore throat starts to 24 hours after .antibiotics started	Child can return 24/48 hours after commencing appropriate antibiotic treatment.
Ear/Chest/Throat Infection/Tonsillitis	Varies	While symptoms last.	None as long as the child does not require 1:1 care (24 hours after commencing appropriate antibiotic treatment if the child has not been on the antibiotic previously).
Slapped Cheek	4-14 days		None once the rash has developed.

**For further information please see “Guidance on infection control in schools and other childcare settings” published by the Public Health Agency**